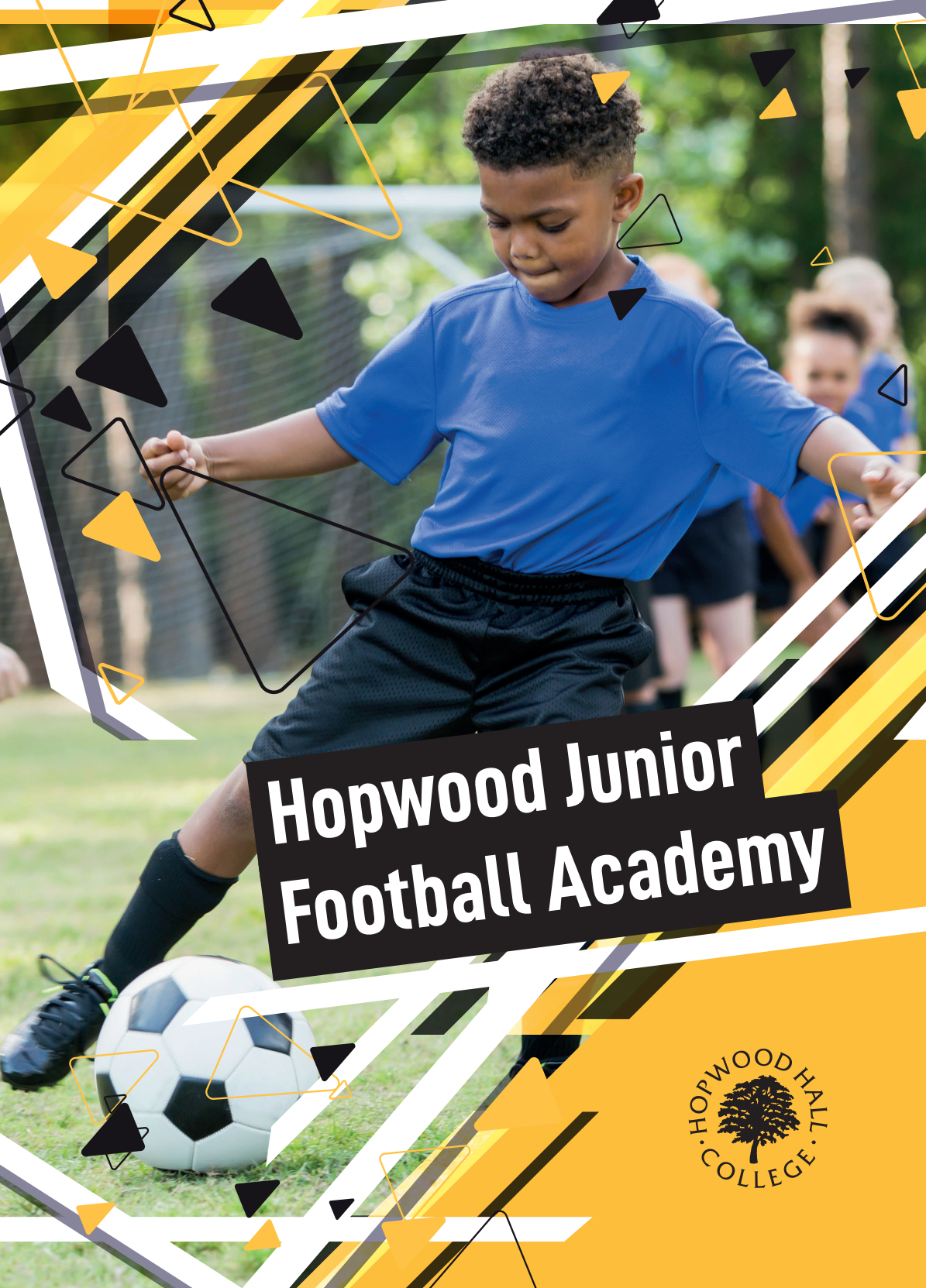




Hopwood Junior Football Academy



The Hopwood Junior Football Academy, provides boys and girls aged 3-12 with the opportunity to develop their fundamental movements and ball skills in a safe, fun, and sociable environment.

Ran by experienced FA qualified coaches the sessions are aimed to develop the player and the person.

Technical: Ball mastery, 1vs1 Challenges and Match Play.

Physical: ABC'S, Conditioning and Healthy Living.

Psychological: Game Understanding, Decision Making and Confidence.

Social: Building Friendships, Teamwork and Communication.

We have a player pathway programme for those that wish to further their development by joining teams and taking part in competitive fixtures. With links to many local grassroots clubs, we will help find the right club for the individual.

Sessions are held in the indoor sports halls at our Middleton Campus.

First Session FREE, then £4 per session. (£3 per child if bringing more than one to session)

Saturday Sessions

Ages 3-4 & 5-7

9:30am - 10:30am

Ages 8-12

10.45am - 11.45am

Wednesday Session:

Ages 5-7 & 8-11

5pm - 6pm

For further information contact
liam.hughes@hopwood.ac.uk

hopwood.ac.uk

