

Week 1 Menu

Monday

Crispy Fish Bites, Garlic Mayo

or

Baked Vegan Sausages

Both served with Oven-baked Chips & Peas

Tuesday

Garlic & Herb Roasted Chicken

or

Spanish Omelette

Both served with Duchess Potatoes & Mixed Vegetables

Wednesday

Beef & vegetable Pie, Seasonal Mixed Greens & Potatoes

or

Vegetable & Bean Jambalaya

Thursday

Sweet & Sour Chicken, Chunky Vegetables & Rice

or

Fish Fingers, Glazed Crispy Potatoes, Peas & Beans

Friday

Spanish Day (see separate menu)

**Hot Daily Pasta served plain, tomato or cheese,
Sandwiches/Panini (Cheese/Ham or Tuna), Jackets with
various fillings, yoghurts, biscuits & fruit are available daily**