

The Umbrella Sessions

Information and support for parents and carers
of children and young people with Neurodiversity
NO DIAGNOSIS NEEDED

- Has your child got a diagnosis of ADHD or Autism?
 - Are you on the way to getting a diagnosis?
 - Are you on the Neurodiversity Journey?
- ANSWERED YES TO ANY OF THESE?**
Then the Umbrella sessions are for you

The sessions will use person-centred approaches to build understanding of your child's Neurodiversity and increase resilience to support them on their journey in a positive and empowering way

Sessions are at Spotland Bridge Mill, Rochdale, OL11 5BU
Neurodiversity and school
Tuesday January 13th 10-12 or 6-8pm

Sensory challenges and strategies to support
Thursday January 15th 6.30-8.30pm

Neurodiversity All about it - part 1, Information
Wednesday March 4th 11-1pm

Neurodiversity All about It - Part 2, strategies
Wednesday March 11th 12-2pm



Please book Sessions via
Eventbrite or
For more information please contact
rochdaleumbrellasessions@outlook.com