



St Edward's C of E
Primary School
Exploring faith, life and learning



'I have come that they may have life, and have it to the full.'

John 10:10

Ramadan Policy

2025-2027

SAFEGUARDING STATEMENT

“St Edward’s Church of England Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment”.

Safeguarding incidents could happen anywhere and staff should be alert to possible concerns being raised in this school.

1. Legislative Framework

- This policy has due regard to statutory legislation, but not limited to, the following:
 - The Equality Act 2010
- This policy also has due regard to guidance documents, including but not limited to, the following:
 - ASCL ‘Ramadan and exams, 2016: information for schools and colleges’ April 2016
 - Dfe ‘Keeping Children Safe in Education’ September 2023

2. Aims and objectives

- To provide a safe environment for pupils who wish to fast during, part of, or all of, the month of Ramadan.
- To ensure the proper care of pupils is maintained and keep parents/carers informed if their child is unwell
- To further develop understanding of the different faiths represented in the school population.

3. Ramadan – An Overview

- Ramadan is the ninth month in the Islamic calendar, and it consists of a 29-30 day period of fasting, self- control, charity-giving and goodwill to others.
- Those who fast during Ramadan are not allowed any food or water between sunrise and sunset. Instead they are encouraged to think of cleansing the whole self, through prayer and reflection.

4. Health and Safety

- Rochdale Council of Mosques advise that schools should only support observation of the fast for pupils in Years 5 and 6.
- Parents/carers will inform the school if their child is going to participate in fasting.

- We will inform parents/carers immediately if their child, who is fasting, becomes unwell.
- Any pupils who fast will conserve their energy and not join in strenuous games.
- No oral medication can be taken by a person when fasting, however, in an emergency the school will administer any medicine that is deemed necessary, in accordance with the school's Administering Medicine Policy.
- If there are any concerns about any pupils who are fasting, the school has an overriding safeguarding duty and will apply judgement and common sense on a case by case basis.
- If any members of staff notice signs of dehydration or exhaustion in any pupils who are fasting, then the pupil will be advised, by a teacher, to terminate the fast immediately by drinking some water, in accordance with the school's Health and Safety Policy. They will be reassured that in this situation, Islamic rulings allow them to break their fast and make it up later.

5. Physical Education

- Pupils who are fasting are able to partake in some physical activities, as long as they are not putting themselves at risk or danger.
- Pupils will not do strenuous exercise as they will be high risk of headaches, tiredness and drowsiness, due to dehydration.
- The school will ensure that any pupils who are fasting are able to decide whether or not they wish to participate in swimming. As the potential for swallowing water is high, some pupils may not feel comfortable in participating in this sport. Other activities will be scheduled to replace swimming during Ramadan if necessary.

6. Implementation

- During Ramadan, the school will dedicate some assembly time to the Muslim faith and the festival of Eid-ul-Fitr, in order to create a more thorough understanding of the religion and fasting throughout the school.
- The school will consider the possible impact fasting and late night prayers during Ramadan may have on Muslim pupils when setting dates for other activities, such as sports days, trips and celebrations.
- The school will ensure that parents' evening and any school functions that occur in the evening are scheduled before or after the month of Ramadan.
- The school will provide any pupils fasting with a supervised, quiet space to rest during their lunch hour.

- The school ask the parents of pupils fasting will be informed of the allowances Islam given for them to break the fast and make it up later, if they feel fasting will in any way jeopardise their performance.
- If any pupils who are fasting show signs that they may be dehydrated, such as a headache or drowsiness, then a member of staff will advise them to terminate the fast immediately by drinking some water.
- All staff will keep a close eye on all pupils who are fasting in order to help avoid any disruptions to other pupils not involved.
- The school will ensure good class management during hot weather, which will benefit all children. The classroom in particular will be shaded, and fans will be supplied to ensure pupils who are fasting do not overheat or become dehydrated.

7. Monitoring and review

- This policy will be renewed annually, ensuring that all procedures are up to date.
- Any changes made to this policy will be communicated to all members of staff.

Reviewed	September 2025	
Date for renewal	September 2027	
Headteacher	A. Petrie	_____
Chair of Governors	J. Banks	_____
Date agreed by Governing Body		_____