

The Umbrella Sessions

Information and support for parents and carers of children and young people with Neurodiversity
NO DIAGNOSIS NEEDED

- Has your child got a diagnosis of ADHD or Autism?
- Are you on the way to getting a diagnosis?
- Are you on the Neurodiversity Journey?
ANSWERED YES TO ANY OF THESE?

Then the Neurodiversity training programme is for you

The sessions will use person-centred approaches to build understanding of your child's Neurodiversity and increase resilience to support them on their journey in a positive and empowering way

Sessions are at Spotland Bridge Mill, Rochdale, OL11 5BU
Neurodiversity all about it - Part 1- information
Wednesday Nov 12th 6-8pm or Thursday Nov 27th 10-12noon

Neurodiversity All about it - part 2 - Practical Strategies
Thursday Nov 27th 6-8pm or Wednesday Dec 17th 10-12noon

Sensory challenges and strategies to support
Friday November 21st 12.30-2.30pm



Please book Sessions via
Eventbrite or

For more information please contact
rochdaleumbrellasessions@outlook.com